

A REPORT FOR THE KHOKHO COACHING HELD ON 12TH/AUGUST/2026 TRAINING AT NAKAPIRIPIRITI PRIMARY SCHOOL IN NAKAPIRIPIRITI DISTRICT.

The above training was organized by Nakapiripiriti District Local Government, led by the district Sports Officer, Ms. Nandudu Catherine in conjunction with KhoKho Uganda.

I arrived at the venue at 8am in the morning and I was received by Mr. Otim Tonny, one of the prominent Khokho lovers in Karamoja Region.

The training started at 10am with the theoretical part of the game.

We had a break of yellow banana, milk and chapatti at 12pm.

We went for the practical session starting at 12: 15pm. Members learnt the dimension of the court, demarcated the court, learnt how to give Kho etc. the practical session was inclusive and had fun. Members went for lunch at 4pm.



Teachers during the court demarcations

We managed to have a total of 11 games teachers from both secondary and primary schools.



Teachers learning the measurements of the pole

They had a positive attitude towards the game and they were always contributing.

The sports officer tasked all the teachers to start the training as soon as possible as there will be district competition next term during the two UNEB days.

Benefits of the training.

1. Teachers learnt the history of Khokho, team structure and composition, rules governing Khokho, dimension and demarcation of the court, how to give Kho, fouls and penalties, game situations.
2. The teachers appreciated the game as it improved their fitness and health levels through sweating.
3. Promise to have the district competitions for Khokho in third term of 2026.
4. Equipping and strengthening the district technical team with knowledge concerning the game.
5. The schools appreciated the game because of its low cost nature.



Group photo of the coaches after the training

Special thanks to Nakapiripiriti District Local government (the Sports office) for mobilizing the teachers and sponsoring the facilitators.

Special thanks to Khokho Uganda for honoring their invitation.

Khokho anywhere! Khokho everywhere!

Compiled by:

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Training Instructor

